

SHARE & CARE TIMES

JANUARY 2007 Issue 20



HAPPY NEW YEAR!

Have a magical year ahead!

We hope you enjoy this edition. If you would like to submit an article or even request articles or Information, call Christine in Administration.

For those that continue to read.....Enjoy!

A message from our Chairperson - David Gorham

Best Wishes for a happy and prosperous New Year from the Chairperson and Board Members of Share and Care Community Service Group Inc.

As we move into 2007 we can find many good things that happened in 2006 and before. Share and Care has come a long way since commencing in 1975. Much has not changed – we still have commitment and dedication by individuals, we still want to and seek to serve our community. I hope these shared endeavours last forever.

Year 2007 will be one of further challenges and changes. It is often said that if we as individuals and as organisations don't embrace change, we will in reality be moving backwards when compared to others.

The Share and Care organisation is really a community within communities. It is built on service to others and is based on honesty fairness and values. The wide area serviced by Share and Care would be much less without the combination of services available from each of our staff and volunteers. I suggest the combination of all our Programs offers a significantly greater ability to serve than each Program individually.

Continuing in 2007 the Members of the Board of Management will support endeavours of all Staff to deliver excellence of service, and we look forward to a great year.

We hope the year includes self satisfaction, fun, and personal reward.

Thank you to all Staff and Volunteers.

LEWIS MOTORS



POLICY & PROCEDURE - Sick Leave

For those staff that is under an award that does not specify any conditions relating to sick leave, the following conditions are a requirement of your employer:

1 day sick leave:

Prior notice to Program Manager or CEO where possible

2 or more days sick leave:

Prior notice to Program Manager or CEO where possible

Sick certificate from Doctor

Failure to produce a sick certificate from day 2 onwards will mean you will not be paid sick day/s payment.



POLICY & PROCEDURE - Phones – Personal Use



Personal use of work phones and personal mobiles are limited in the following manner:

If you bring your personal mobile phone to work, ensure that during your working times the mobile is switched off or you leave incoming calls until your break time - unless you have pressing/urgent family matter you need to attend to.

If no other time is suitable outside of working times for a call to be made you may use the program phone. If you make use of the work phone, please ensure you reimburse our programs for the cost of the call.



In the case of personal (family) emergencies we do not mind your use of the phone for necessary calls.

Incoming calls from family & friends should be related to necessary matters only.

SCIENCE TODAY - With Warmer Weather, Different Decisions to Make

The extended growing season is one of the signs of global warming. It goes hand in hand with polar bears dying in the Arctic as the sea ice shrinks.

As the warming trend continues, gardeners and farmers are changing the varieties of vegetables and fruits that they grow.

Obviously, we can have some fun pushing the envelope. But on the more serious side, we need to be setting rain barrels under our roofs to harvest the increasing number of torrential downpours.

“More of our water is getting squeezed into high-precipitation events,” Mr. Wolfe said, meaning a rainfall of more than two inches within 48 hours. “That increases the danger of drought, because there is less water in between.”

So get out the drip lines and connect them to those barrels, to water during hot, dry spells.

There are all kinds of tricks of the trade, like planting spinach and lettuce in the shade, and choosing more heat-tolerant varieties, to offset higher temperatures.

Composting is ever more important, not only to return organic material to the soil, but to keep it from landfills and incinerators, which increase the methane and CO₂ pouring into the atmosphere.

In fact, every time we till the soil, or dig it up, we are releasing more CO₂. Microbes need air to break down carbon, and by tilling, or digging, they are getting just that, and the result is CO₂.

So avoid the urge to dig and till. Make those raised beds so friable — with plenty of compost — that you can just make holes and drop the plants into them. I can make a row for seeds with my fingertip.

Planting cover crops like winter rye, buckwheat and clover can also slow the release of carbon, by sequestering it in plant roots.

Bare soil can be covered with a blanket of chopped leaves. Limiting the use of chemical fertilizer, which is produced by the burning of fossil fuel, is helpful.

And remember, the use of too much chemical fertilizer overloads the soil with nitrogen, which gives off nitrous oxide, another greenhouse gas.

If a lawn is too big for a people-powered reel mower, it can be shrunk down by planting ground covers and trees, which will take more carbon dioxide out of the air.

The same principle applies to roofs and terraces: more plants absorb more carbon dioxide.

And why not get rid of the leaf blower and the gasoline-powered lawn mower?

According to the California Air Resources Board, operating a lawn mower for an hour creates about as much pollution as driving a car from Washington to New York City.

Of course, gardens alone can't save the polar bears, or all the other species that could vanish. Only a radical reduction in the burning of fossil fuels can do that.

CUBAN GRILLED CHICKEN SALAD

Just 100 miles off the Florida coast yet a world away, Cuba is a land of history and mystery, all of which is revealed in its incomparable cuisine.

3 cups chopped romaine lettuce 1 small red onion, diced

1 (6 ounce) avocado, diced salt and pepper to taste

1/2 cup red bell pepper, diced 2 teaspoons minced garlic

3/4 cup canned black beans, drained

3/4 cup diced canned pineapple 4 teaspoons lime juice

2 cups cooked chicken meat, chopped 2 tablespoons olive oil

RECIPES FROM AROUND THE WORLD

DIRECTIONS

Toss the romaine with the onion, avocado, and peppers in a large bowl. Divide among four salad plates. Top each salad with a mound of black beans, some pineapple chunks, and the chopped chicken meat.

Whisk together the olive oil with the garlic, salt, and pepper.

Drizzle this dressing over each salad along with a little lime juice.



Gardeners Corner

When weeding, disturb the soil as little as possible. Disturbed soil encourages germination of weed seeds.

Take cuttings of daphnes. Cuttings should be about 7cm long and taken from this season's growth. The base should be firm & cut just below a node. Place cutting in a deep pot, keep moist and well-shaded.

Tomato, capsicum and egg plant bushes are heavy feeders. Fertilise with complete fertiliser every 3-4 weeks once flowering has commenced.

Take soft tip cuttings of fuchsias.

Nip off the seed pods of impatiens to keep the plants flowering on and on.

Plant out salvia seedlings. They do well in full-sun or in semi-shade where the colour is often richer.

Feed tomato and egg plant bushes with complete fertiliser every month once flowering has commenced.

Plant Buddleia, Lantana, Heliotrope, lemon trees, Everlasting Daisies, Scaevola, Kangaroo Grass, Lomandra, Olearia and Poa species to attract butterflies to the garden.

Store your spring-flowering bulbs in a cool, airy spot - not a searing hot metal garden shed!

Keep dead-heading daisy bushes.

Roses will respond to a cut back now, especially to ensure the foliage is not becoming too dense in the centre, which can make the plant susceptible to fungal diseases.

Stone fruit trees should be fertilised.

Keep a look out for pests, especially caterpillars of the cabbage moth, which will be very active now. Dipel is a low environmental impact control (it contains a bacteria that targets the caterpillar).

Vigorous growing tomatoes will probably need more staking or tying up, and they should be fertilised regularly. Don't let them dry out either.

Vegetables to Sow and Grow during January

In all regions (except where otherwise state) the following vegetables can be sown:

Cabbage	Capsicums	Celery (not tropical regions)	Cress
Eggplant (Aubergine)	Herbs	Lettuce	Melons
Mustard	Onions	Parsnips	Pumpkins
Radishes	Silver beet	Sweet Corn	
	Herbs - especially basil	Tomatoes (not cold regions)	

Make your own Perfumes

This is one of the simplest recipes for perfume making you can do at home.

Ingredients:

2 cup of water

1 cup fresh chopped flower blossoms

Directions:

In a bowl place a cheesecloth where the edges are hanging over the bowl. Fill with 1 cup of flower blossoms of your choice. Pour water over the flowers until they are completely covered.

Cover and let sit overnight. The next day using the edges of cheesecloth pull it out of the bowl and gently squeeze the scented water into a small pot. Simmer the water until about 1 teaspoon is left. Cool and place into a small bottle. Making perfume this way has a shelf life of about 1 month.

Other suggestions for flowers: Lavender, Lilac, Orange Blossoms or even Honeysuckle. Anything that is highly fragrant works best.

Orient Nights Perfume Recipe

Ingredients:

4 drops sandalwood essential/fragrance oil

4 drops musk essential/fragrance oil

3 drops frankincense essential/fragrance oil

2 teaspoons jojoba oil

Directions:

Mix all the ingredients together, shake well. Place in a dark color bottle. Then allow the perfume to settle for at least 12 hours. Store in a cool dry area.

Enchanted Perfume Recipe

Ingredients:

2 cups distilled water

3 tablespoons vodka

5 drops everlasting essential/fragrance oil

10 drops peony essential/fragrance oil

10 drops sandalwood essential/fragrance oil

Directions:

Mix all the ingredients together, shake well. Place in a dark colour bottle. Then allow the perfume to settle for at least 12 hours. Store in a cool dry area.



So you have seen the newspaper story, by now you will know our new sponsor for the Admin vehicle is LEWIS MOTORS.

Ian Lewis and family have been very generous in offering to support our organisation and have supplied us with a new HOLDEN BARINA.

This means we can maintain an extra vehicle for those times when meals on wheels need a car, clients need a lift, training in Perth, deliveries to other services are required, general motoring etc.

It is wonderful to see local Corporate business as compassionate as we are about our needy community members and assist in providing us with the means towards supporting them.

This donation from LEWIS MOTORS saves Share & Care around \$10,000 annually, a very generous philanthropic action and support measure for our town.

And you ask what we offer LEWIS MOTORS in return?.....some of the below:

- Positive media exposure over 250,000 square kilometres;
- The chance to attract new customers;
- The opportunity to drive traffic through their doors;
- The chance to provide community involvement;
- The chance for LEWIS MOTORS to build strategic relationships, for example with key government individuals and/or departments.

Share & Care benefits from the obvious support, and LEWIS MOTORS benefits through improved touch with their community, boosts to staff morale and the associated strong reputation as a giver to their community.

PLEASE, when your car needs a service, when you need some parts, when you're thinking about a new or second hand car, and when you're talking to others, think LEWIS MOTORS first!

LEWIS MOTORS support enables Share & Care to continue our services, it helps the community and it helps you!



Contact : Ian Lewis (Dealer Principal)

Phone Number : (08) 9622 1188

<http://www.lewismotors.com.au>

A George Institute road safety study has revealed an alarmingly high rate of mobile phone use amongst Australian drivers.

Published in the Medical Journal of Australia, the survey conducted in NSW and WA found that 60% of drivers use a mobile phone whilst behind the wheel, resulting in crashes and negligent driving.

Almost 3 million drivers across the two states use a phone while driving. Men, younger drivers and metropolitan residents were found to be the worst offenders. In addition to talking on the phone 12% of drivers admit to writing text messages, while among young drivers, over 30% write text messages while on the road. Young drivers were almost five times more likely than older drivers to use a phone while driving.

"The Australian public are not getting the message that mobile phone use whilst driving is a dangerous activity. The risk of a crash increases four-fold when using a mobile phone, irrespective of whether you are using a hand-held or a hands-free device. Based on the results of our study an estimated 45,000 drivers have crashed while using a mobile phone, and over the past year more than 145,000 drivers have experienced a 'near miss' due to talking on the phone," said Dr Suzanne McEvoy, Senior Research Fellow at The George Institute.

Although the use of hand-held mobile phones while driving is illegal, almost 40% of drivers continue to use a hand-held phone while driving. Seventy percent of drivers felt that they were unlikely to be caught by police for using a hand-held phone while driving.

"Drivers are aware of the law against hand-held mobile phones, but believe that enforcement is quite low. These data clearly demonstrate the need to enhance enforcement of this legislation. However, given that hands-free devices do not necessarily reduce the risk, drivers should limit all phone use while driving" Dr McEvoy added.

Research by The George Institute into the broader issues of driver distraction, shows that drivers are engaged in a distracting activity once every six minutes. During a given driving trip, 72% of drivers will report a lack of concentration, 69% will adjust in-vehicle equipment, 58% are distracted by outside events, objects or people and 40% will talk to passengers, all of which account for thousands of driver errors and crashes each year. In fact, one in every five crashes in this study was caused by driver distraction.

The most common adverse effects of mobile phone use while driving were taking eyes off the road, slowing down, lack of concentration, failing to indicate, lane drift and sudden braking.

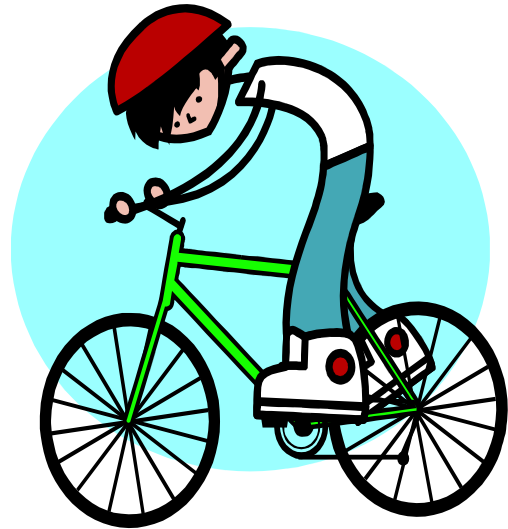
"Action is urgently needed to reduce crashes caused by mobile phone use and driver distraction. Policies that include increased driver awareness and innovative enforcement practices are essential to decrease the occurrence of these behaviours and reduce adverse outcomes," said Dr McEvoy.

YOU SHOULD KNOW.....

Have you ever noticed Share & Care Policies & Procedures carry the Organisations seal?

Do you know why?

The seal is to show employees very clearly that the Policy & Procedure that it has been placed on has been approved by the Board of Management.



What does that mean to you as an employee?

This means that any document that instructs you **MUST** have the seal of approval on it for it to be valid and lawful instruction.

As a Risk Management process the seal prevents the misuse and unauthorised inclusion of Policies and Procedures.

Staff should **NEVER** follow any document that does not carry the seal.

The exception to this rule are printed manuals from the Funding Body themselves that carry the full title of the funding body as headers or footers, such as the HACCC Manual.



WOMEN'S REFUGES:

A very busy month with clients and meetings at both Refuges. There has been amazing support from the Community in the form of donations. We received some lovely gifts and toiletry bags for the women from the Wundowie/Wooraloo CWA. These ladies donate annually to our refuge clients. The ANZ bank this year donated a super large hamper for the clients. Another donation in the form of "A dollar a day" ongoing donation was made by a lady from the Family & Domestic Violence Unit in Perth & her husband. We are feeling overwhelmed by peoples generosity.

Students from the Narrogin Senior High School were given the task of fundraising for a charity and then deciding where the monies raised were to go.....they chose Djookanka, which we are very grateful for, the monies will go towards the set-up of the "Day Centre" onsite. It is wonderful to see that youth are developing an understanding of the needs of the victims of Family & Domestic violence. **The Refuge staff from both Northam & Narrogin wish everyone a safe and wonderful New Year.**

FINANCIAL SERVICES:

My program did not experience the expected rush between Christmas and New Year. Other than pre-booked appointments and the odd emergency relief it was very quiet. We may see an increase in bookings in a month or two, as has been the experience in prior years when the cost of Christmas shows through.

This year we gave out 20 Christmas hampers(provided jointly by charity link and us) and around 90 Christmas gifts (supplied by target customers)

HOME SUPPORT SERVICES:

CHRISTMAS DINNER WAS AS USUAL A GREAT SUCCESS AND A BIG THANKS TO BOTH JANET AND ARDINA FOR PROVIDING THE TRANSPORT, BEING SO CHEERFUL AND HELPFUL AND OVERCOMING THE MINOR HICCUPS THAT ALWAYS ARISE ON THESE OCCASIONS.

COORDINATING MEALS ON WHEELS OVER CHRISTMAS PERIOD IS A CHALLENGE THAT WE DO NOT LOOK FORWARD TO, BUT WE GOT THROUGH AND HAVE SURVIVED TO FACE ANOTHER YEAR.

IN RETROSPECT THIS WOULD SEEM TO BE NOT OUR MOST SUCCESSFUL YEAR IN TERMS OF PROGRAM GROWTH, WITH THE LOSS OF THE VETERAN HOME CARE PROGRAM AND THE UNSUCCESSFUL SUBMISSION FOR AN INCREASE OF COMMUNITY AGED CARE PACKAGES. HOWEVER WE WILL NEED TO AGAIN TENDER IN 2007 FOR AN INCREASE AS ALL OUR CURRENT PACKAGES HAVE BEEN ALLOCATED WITH SEVERAL CLIENTS ON THE WAITING LIST.

ALL THE VETERANS WHO WERE RECEIVING SERVICES THROUGH VETERAN HOME CARE HAVE OPTED TO REMAIN WITH SHARE AND CARE WILL NOW RECEIVE THEIR SERVICES UNDER THE HACC PROGRAM. IT WAS VERY REWARDING TO HAVE THESE CLIENTS VOICE THEIR APPRECIATION OF THE EXCELLENT SERVICES PROVIDED BY HOME SUPPORT SERVICES AND THE HIGH REGARD THEY HAVE FOR THE SUPPORT WORKERS WHO PROVIDE ASSISTANCES IN THEIR HOMES.

INFORMATION RE: RESULTS OF THE HOME AND COMMUNITY CARE GROWTH FUNDING ROUNDS AND NON-RECURRENT FUNDING FOR THE NEW BUS SHOULD BE OUT BY THE END OF JANUARY AND I REMAIN POSITIVE.

ALEX IS THE NEW SUPPORT WORKER FOR THE MENTAL HEALTH PROGRAM, REPLACING MERRYL WHO HAS MOVED BACK TO HIGHER DUTIES.

FAREWELL - TO MAXINE WHO IS MOVING TO YORK. WE WISH HER WELL IN THE FAMILY'S NEW VENTURE AND SHE WILL BE SORELY MISSED. PAT WHO IS STOPPING WORK DUE TO HEALTH REASONS, CHRISTINE WHO IS NOW WORKING IN THE OFFICE AT SHARE AND CARE, IRIS DUE TO ILL HEALTH AND YVONNE OUR GIDDY BLONDE BOMBSHELL WHO EVERYONE LOVED.

CHILD CARE SERVICES

Child Care Centre – One of our beautiful staff members Natalie Wolfenden has left us to go into full time study next year to become a Teacher's Assistant. We wish her all the best. The Centre is closed for 4 weeks, re-opens on 22nd January 2007. Staff are taking a well deserved break. Susanna will be in the office 2nd January to 12th January 2007. She will then have 4 days off (15th Jan to 18th Jan) for the carpet to be pulled up in the Administration and Program Manager's office for the floor boards to be polished.

Family Day Care Scheme – One of our wonderful Carers, Lyn Jennings, has finished up her Family Day Care business. We wish her all the best in the future. Quite a few Carers are taking holidays off through out the Christmas / New Year holidays for well deserved breaks.

Changes In Brain Density Can Help Predict Schizophrenia

Changes in brain density could be used to predict whether an individual who is at risk for schizophrenia is likely to develop the condition or not. A study published today in the open access journal BMC Medicine reveals that monitoring changes in grey matter density over time using brain scans could help early detection of individuals who are likely to develop schizophrenia, when used in combination with other prediction methods.

Dominic Job and colleagues from the University of Edinburgh in the UK analysed the brain scans of 65 individuals known to be at risk for schizophrenia because members of their family had suffered from it. The scans were generated using structural magnetic resonance imaging techniques (sMRI). Job et al. analysed changes in grey matter density in the scans, over a period of 18 months. Eight of the individuals studied went on to develop schizophrenia, on average 2.3 years after the brain scans were collected.

Job et al.'s results show that a reduction in grey matter density over time could be used as an indicator that an individual who is at risk will develop schizophrenia. Sixty percent of the individuals who according to Job et al.'s results were likely to develop schizophrenia, because they showed a reduction in grey matter in one part of their brain called the temporal gyrus, did develop the condition. Over 90% of the individuals who according to Job et al.'s predictions would not develop schizophrenia, did not develop it. Job et al.'s predictions could be used to assess possibilities for preventing schizophrenia.

<http://www.medicalnewstoday.com>

RISK MANAGEMENT-What, when, how & why

All of us encounter risks in everything we do - driving a car to work or even shopping. Most of us try to reduce the likelihood of risk affecting our everyday activities.

What is a risk?

A risk is the chance of something happening as a result of a hazard or threat which will impact on our organisation or planned event. Risk arises out of uncertainty. It is measured in terms of the likelihood of it happening and the consequences if it does happen.

What is risk management?

Risk management is the process which is used to avoid, reduce or control risks. There should be a balance between the cost of managing risk and the benefits we expect from taking that risk. When you set out on a car journey, you are subconsciously going through a process to minimise the risks you may encounter. For example, you check the car's fuel level to ensure you avoid the risk of running out of petrol before you reach your destination. This is risk management.

Why do you need to manage risks?

Ignoring the risk that your car may run out of fuel puts your car at risk and may also delay your arrival at your destination. Ignoring the risks which apply to our organisational activities or the events we have planned could impact on the following:

- the health and safety of our employees, consumers volunteers and other stakeholders
- completion of legal requirements
- our reputation, credibility and status
- public and consumer confidence in Share & Care
- our financial position
- plant, equipment and the environment.

A systematic approach to managing risk is regarded as good management practice

The first step in the risk management process is focused on the environment in which our organisation operates. We need to consider this environment so that we can establish the boundaries in which risks must be managed and guide our decisions on managing risks.

The second step involves identifying the risks which arise from all aspects of the environment we established in step1. Our aim is to develop a complete list of the risks and what each involves.

Step 3 –Analyse. After we have completed Steps 1 and 2 to establish the context of risk management and identify the risks, assess the impact of these risks. We want to separate minor acceptable risks from major risks which must be managed. This involves deciding on the relationship between the likelihood (frequency or probability) and the consequences (the impacts) of the risks we have identified. The level of risk should be analysed in relation to what we are currently doing to control that risk. Control measures decrease the level of risk, but there may be sufficient risk remaining for the risk to be considered with others.

Step4-Evaluate. We have already established the context of risk management, identified and analysed the risks. In Step 4, we evaluate the risks by comparing the level of risk with the risk criteria we established in Step1. We decide whether risks are acceptable or not.

Step 5 - treat risks - identify options; select the best responses; develop risk treatment plans; implement

**If we do not identify a potential risk, it can pose a major threat to our organisation.
No risk is too small or too large to have an impact.**

SOMETIMES A PICTURE IS WORTH A THOUSAND WORDS.....



Check out the mother duck stealing the cash from the purse whilst the ducklings keep the woman occupied!

In no country in the world are women safe from gender violence

Domestic violence is the major cause of death and disability for European women ages 16 to 44, and accounts for more death and ill-health than cancer or traffic accidents.

In South Africa, more women are shot at home in acts of domestic violence than are shot by strangers on the streets or by intruders.

In India, more than 7,000 women will be murdered by their families and in-laws in disputes over dowries.

In Bangladesh, 200 women this year will be horribly disfigured when their spurned husbands or suitors burn them with acid.

In the US, a woman is raped every 6 minutes; a woman is battered every 15 seconds. 700,000 women are sexually assaulted annually; 14.8 percent of them are raped before the age of 17

The Russian government estimates 14,000 women were killed by relatives in 1999, yet the country still has no law specifically addressing domestic violence.

In Peru, a study of 12- to 16-year-old girls giving birth found that 90 percent of them were pregnant from rape, often incest.

This year, more than 15,000 women will be sold into sexual slavery in China

Each year 408,100 Australians are victims of domestic violence;
87% of sufferers are women;

263,000 children live with family violence;

the cost to Australia's economy is \$8.1 billion a year.

POEM : "My New Year's Resolution" by Marigrace Iodice

When the bells ring out the old year and laughter and good cheer usher in the new,
Again, I'll make a list, Of things I will or will not do.

I'll watch my budget like a hawk, including bounced cheques, credits and loans,
I'll stop wasting time and money and gabbing on the phone.

I'll wait for the sales before I buy, I'll limit going to the race track,
And, I'll try to stop biting my nails again, before they chip and crack.

I'll start a well-balanced diet - this time, I'm not joking . . .
I'll cut out going to the bars and, I'll try to stop smoking.

I'll abide by the speed limit Control my "Road-Rage" without flipping anyone the bird,
I'll try Yoga when I get stressed and smile when I want to say "that" word.

I'm going to change my life-style - even if it hurts,
I'll try to exercise everyday and give up on those chocolate desserts!

I'll keep on trying if it takes all year then, someday I'll hope to see,
A difference in my life-style but most of all . . . In Me!

And . . . as I continue with this list of things, I will or will not do,
I must admit to myself that they really aren't very new.

Because when I stop to think about it, the reason is quite clear.....

They're the same damn resolutionsthat I've been making every year!

Childcare Staff dress for Children's centre Christmas Party



No matter how old we get, Christmas is fun!!

Our staff from all programs always go the extra mile on special days.

Childcare staff took to the red, green & whites for the children's party

We noticed the Friday morning before Christmas, our Home Support Services bus assistant riding around wearing the traditional Christmas hat!

Thanks to the staff in our programs for bringing a smile to us all.

CONGRATULATIONS TO:

Rhonda , Child Care Services who has been invited to participate in the Child Care Management Systems (CCMS) Industry Reference Group. This group is part of the Department's consultation approach during the development and implementation of CCMS across the child care sector.

Christine, who has come across from HSS (Home Support Services) to Head Office to take on the very challenging Administration role. You are doing great Christine!

Leanne, who will begin in Child Care Services supporting the staff as Cleaner.

S & C Mission Statement

Share and Care's mission is to lead communities in Support, Education and Advisory Services.

Values:

- Recognition of the communities rights to equitably access information and services;
- Sensitive to the needs of those from cultural and linguistically diverse communities and special needs;
- Recognition and appreciation of the diverse skills and values our employees bring to the services delivered;
- Provision of philanthropic opportunities;
- Development and maintenance of complimentary relationships across all sectors;
- Recognition and appreciation of the skills brought by the Board of Management that ensures transparency, accountability, good governance and leadership for the Organisation;
- Operate on the best practice models, ensuring delivery of services to the communities are always of the highest standards.

To acknowledge and encourage the continued passion from all who contribute to the Organisation